



Share your Step 'n Stride Story!

How long have you been walking in the Step 'n Stride event and what is your favourite part of the event?

Are you a member of PAA? If so, how long and how has PAA impacted you or your family?

What motivates you to spread awareness on Parkinson disease, participate or fundraise for this annual event?

Does your family attend with you and how long have they been participating?

Can you share your favourite memory at a Step 'n Stride event? Why is this your favourite memory?

Can you share a story or an experience you had at Step 'n Stride?

Please attach and include photos of your team or family participating in a Step 'n Stride event.

We truly appreciate you taking the time to share your story with us!

**Please be aware this information will be used in either social media or print media to raise awareness for the up-coming Step 'n Stride. By sharing this information you are allowing Parkinson Association of Alberta to use your story and name within our marketing. We are grateful for your support at our events and we have a greater impact because of you.*

*Share your story so we can celebrate you!**

Email completed questions and photos to: stepnstride@parkinsonassociation.ca