

SUPPORT GROUPS

REMINDER: To register please call toll-free **1-800-561-1911** or, talk to or email your Client Services Coordinator. Advance registration is **required** for each and every Support Group. This ensures we can follow COVID protocols and contact people in the case of a cancellation or location change. Support groups may not run if no registrations have been received. **Please note that Support Groups will not run on statutory holidays.**

PROVINCIAL (ZOOM/CALL-IN ONLY)		EDMONTON REGION...continued	
1 st Tuesday – DBS/Duodopa	1:00PM	SHERWOOD PARK	
1 st Thursday – Widows/Widowers	10:00AM	2 nd Tuesday	1:00PM
2 nd Monday – Care Partners AM (new group)	9:30AM	ST ALBERT	
2 nd Wednesday – Young Onset (under 55)	7:00PM	3 rd Tuesday	10:00AM
3 rd Thursday – General Parkinson's	10:00AM	WESTLOCK	
3 rd Thursday – Care Partners PM (new group)	1:30PM	3 rd Thursday	10:00AM
3 rd Saturday – Parkinson's Plus	12:00PM	WHITECOURT	
CALGARY REGION		3 rd Thursday	10:00AM
AIRDRIE		GRANDE PRAIRIE REGION	
3 rd Tuesday	10:00AM	GRANDE PRAIRIE	
CALGARY		2 nd Wednesday (new time)	1:00PM
1 st Tuesday – Northwest	10:00AM	LETHBRIDGE & MEDICINE HAT REGION	
1 st Thursday – Northeast	10:00AM	LETHBRIDGE	
3 rd Tuesday – Care Partners	1:30PM	3 rd Thursday	2:00PM
3 rd Thursday – Southwest	10:00AM	MEDICINE HAT	
4 th Tuesday – Southeast	10:00AM	4 th Thursday	1:30PM
4 th Tuesday – Central	7:00PM	SOUTHERN ALBERTA (ZOOM/CALL-IN)	
CANMORE		2 nd Thursday	2:00PM
2 nd Thursday	1:30PM	LLOYDMINSTER REGION	
COCHRANE		BONNYVILLE	
2 nd Thursday	10:00AM	3 rd Tuesday	10:30AM
HIGH RIVER/NANTON/OKOTOKS		LLOYDMINSTER	
4 th Thursday	10:00AM	4 th Tuesday	2:00PM
STRATHMORE		VERMILION	
1 st Thursday	1:30PM	1 st Tuesday (new day & time)	10:30AM
EDMONTON REGION		RED DEER REGION	
CAMROSE		CASTOR	
2 nd Wednesday	3:30PM	3 rd Thursday (new day & time)	10:00AM
EDMONTON		LACOMBE	
1 st Wednesday – South	1:00PM	4 th Wednesday	10:00AM
1 st Thursday – Care Partners	10:00AM	OLDS	
3 rd Wednesday – Central	7:00PM	2 nd Wednesday	1:30PM
FORT SASKATCHEWAN		RED DEER	
4 th Tuesday	1:00PM	3 rd Wednesday	10:00AM
LEDUC		ROCKY MOUNTAIN HOUSE	
4 th Tuesday	6:30PM	2 nd Thursday (Jan, Mar, May, Sep & Nov)	2:00PM
PARKLAND (Spruce Grove/Stony Plain)		THREE HILLS	
4 th Thursday	10:00AM	3 rd Thursday	10:00AM