

May 30, 2026

The Board of Directors of Parkinson Association of Alberta is comprised of 15 highly qualified and committed community volunteers who are invested in our Parkinson's community.

This year, we say goodbye to Jamie Gordon and Stephen Rex, both of whom joined the board in 2018, having served faithfully for the maximum standard allowable 4 consecutive 2-year terms.

Jamie Gordon held the role of Governance Committee Chair and Secretary and led the Board of Directors as Chair in his final year with the association. His genuine curiosity and thoughtful insights made significant contributions to the stability of the Board and our organization over the last 8 years.

Stephen Rex chaired the Board's Human Resources Committee through the entirety of his tenure and supported the association through a number of challenging transitions. Also leading the Nominating Committee, he ensured smooth transition of new board members.

Jamie and Stephen will be missed and we are extremely grateful for their commitment and ongoing support of the work of Parkinson Association of Alberta.

Recognizing the need to add two Directors to the Board for 2026, Parkinson Association of Alberta assessed the skills and interests of the existing Directors and determined the need for additional support in the areas of Human Resources, Government Relations and Law. The following individuals stood out as excellent additions to the Board and we are pleased to present them for your consideration.

Robert Clarke

Rob Clarke brings extensive governance and leadership experience through service on multiple boards at the local, provincial, and national levels. His roles have included the Advisory Board for Lakeland College (Vermilion), the Board of Directors for Vermilion Health Care, and the Agricultural Advisory Board with the Red Deer Chamber of Commerce. Rob also contributed a decade of service to the Independent Insurance Brokers Association of Alberta, including five years in executive roles culminating as Past President, as well as three years on the Board of Directors for the Insurance Brokers Association of Canada. Across these roles, he has developed strong expertise in governance, strategic planning, stakeholder engagement, and organizational leadership.

In addition to Rob's board experience, he is a highly successful lifelong entrepreneur with a track record spanning business startups, mergers and acquisitions, and guiding private companies through public offerings. His work includes consulting with U.S.-based clients and navigating complex business environments, complemented by experience in government relations, advocacy, and cross-sector collaboration. Rob is recognized for his "all-in" approach, demonstrated through both professional achievements and personal pursuits that reflect resilience, discipline, and a commitment to excellence.

Following a recent diagnosis of early-stage Parkinson disease, Rob has taken a proactive and informed approach to understanding and managing the condition. Through engagement in specialized exercise programs, careful selection of supportive communities, and participation in global learning opportunities such as the World Parkinson Congress, he is developing a meaningful connection to the Parkinson's community. Rob brings a valuable perspective that combines lived experience with strategic insight, positioning him to contribute thoughtfully and effectively to the Board of Directors of Parkinson Association of Alberta.

Stephanie Bach

Stephanie Bach brings a deeply personal commitment to Parkinson's advocacy, shaped by both her mother's recent diagnosis and a decade of supporting a close family member living with the disease. Through these experiences, Stephanie has developed a strong appreciation for the complex physical and psychological impacts of Parkinson's—not only on individuals, but on families and caregivers. Her desire to contribute is rooted in both compassion and a clear understanding of the importance of research, community connection, and accessible support systems.

Professionally, Stephanie is a results-driven corporate services and operations leader with over 15 years of experience spanning governance, strategic planning, stakeholder engagement, and leadership in regulated environments. As an entrepreneur and business owner, she has built and led multiple organizations, with expertise in government relations, public policy, and cross-sector collaboration. Her work has included securing significant funding, advancing policy frameworks, and supporting organizations in achieving operational excellence, while maintaining a strong focus on accountability, financial stewardship, and long-term sustainability.

Stephanie's extensive governance experience includes board and committee leadership roles across a wide range of organizations, including serving as Board Director and Governance and Strategy Committee Chair with STEM Fellowship, as well as leadership roles with the Edmonton Chamber of Commerce, Alberta Chambers of Commerce, and several national industry and non-profit organizations. Known for her strengths in diplomacy, consensus-building, and governance rigor, Stephanie brings a thoughtful, strategic perspective. She offers the Parkinson Association of Alberta a unique combination of lived experience, professional expertise, and a genuine commitment to making a meaningful and lasting impact for those living with Parkinson's and their families.

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Parkinson Association of Alberta is honoured to work with the diverse and invested community of leaders that comprise our Board of Directors. We are thrilled to have the opportunity to include Rob and Stephanie alongside them as Directors following the 2026 AGM vote.