



# IMPAACT REPORT 2025

# PUSH WITH PARKINSON'S

DON'T  
GIVE UP

ADVOCATE  
FOR YOURSELF +  
FOR EACH OTHER!

RIDE A  
BIKE!

CLIMB A  
MOUNTAIN!

EACH  
DAY  
IS NEW  
+ WORTH  
EXPERIENCING

DON'T  
BORROW  
WORRY

YOU ARE HERE  
TODAY IS  
A GIFT -  
DON'T BORROW  
WORRY!

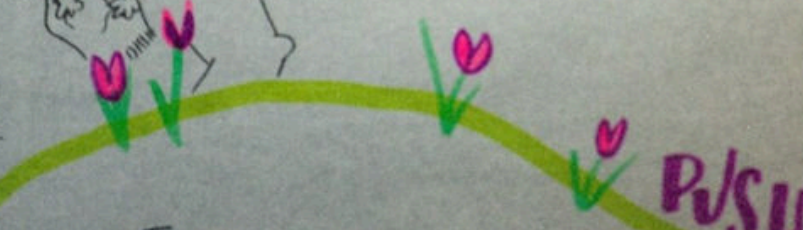
What does  
RESILIENCE  
look like?



LOOK FOR  
SOLUTIONS

BE A  
LISTENING  
EAR!

Let the  
CAUSE



## Our Board

### Board Chair

Jamie Gordon

### Treasurer

Angela Chau-  
Gado

### Directors

Lisa Baroldi  
Dr. Fang Ba  
Shilo Burt  
David Humen  
Martin Kratz

### Past Chair

Dr. Cara Ferreira

### Vice Chair

Amy Lee

### Corporate Secretary

Dean Welke

Dr. Davide Martino  
Dr. Renee Misfeldt  
Munir Patel  
Jessica Szewczuk  
Stephen Rex

## Our Staff

### Executive Director

Lana Tordoff

### Operations Manager

Brandi La Bonte

### Communications & Development Manager

Lance Corbett

### Administration

Nicole Gaudet  
Marlene Jaquish  
Charlene Manning

### Marketing & Communications Specialist

Christina Kim

### Events and Community Relations Specialist

Lex Harrison

### Grants & Partnership Specialist

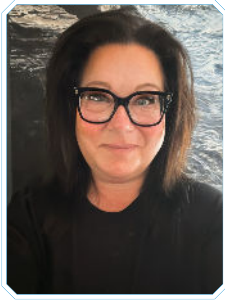
Jolene Burke

### Community Development Specialist

Charlene Heavener

### Client Services Coordinators

Michaela Lay  
Brett Leclaire  
Brienne Leclaire  
Cherlene Magnusson  
Candice Mandin



A Message From

# PAA Board Chair Jamie Gordon & Executive Director Lana Tordoff

As we reflect on 2025, we are reminded that behind every number, every program, and every milestone is a person—a diagnosis, a family, a moment of uncertainty, and a journey that deserves compassion, dignity, and hope.

This year, Parkinson Association of Alberta continued to stand alongside Albertans and those in NWT living with Parkinson disease, as well as their care partners, families, and communities. With demand for services continuing to grow, 2025 was a year defined by both challenge and momentum. More individuals than ever before reached out for support, reinforcing the critical importance of accessible programs, trusted information, and meaningful connection.

In response, we strengthened and expanded our core offerings. Through education, we empowered individuals with knowledge to better understand and navigate their Parkinson's journey. Through movement programs, we supported physical well-being and independence. Through support groups and social opportunities, we helped reduce isolation and foster community. And through new initiatives like Move, Learn, Connect, we created welcoming entry points for those newly diagnosed—ensuring no one has to face Parkinson's alone.

Our commitment to advocacy and research also remained strong. We continued to elevate the voices of Albertans impacted by Parkinson disease, working to increase awareness and push for meaningful investment in care, treatment, and innovation. At the same time, we supported research efforts that bring us closer to better treatments and care.

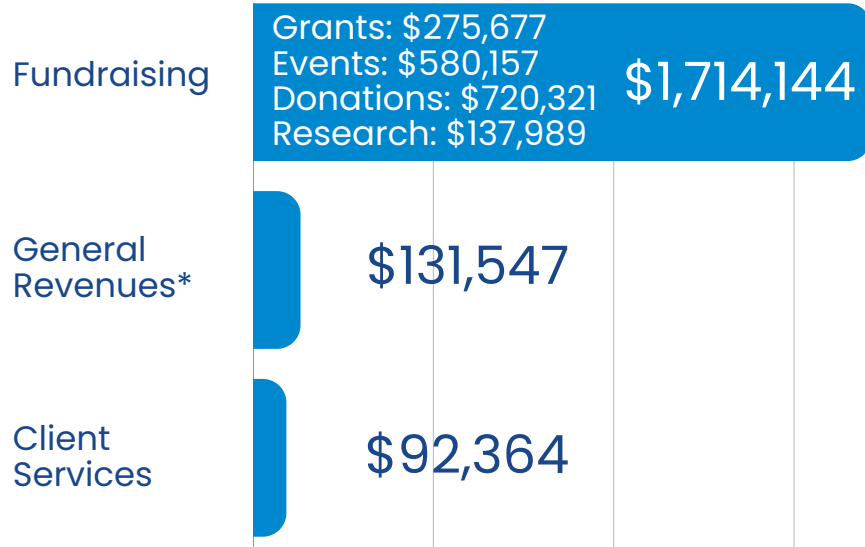
None of this work would be possible without the dedication of our community. To our donors, volunteers, partners, and supporters: thank you. Your generosity fuels every program, every connection, and every step forward. To those living with Parkinson disease and their families: your resilience inspires everything we do.

While there is still much work ahead, 2025 demonstrated what is possible when a community comes together with purpose. We remain committed to ensuring that every Albertan and those in NWT affected by Parkinson disease has access to the support, resources, and hope they need—not just to live, but to live well.

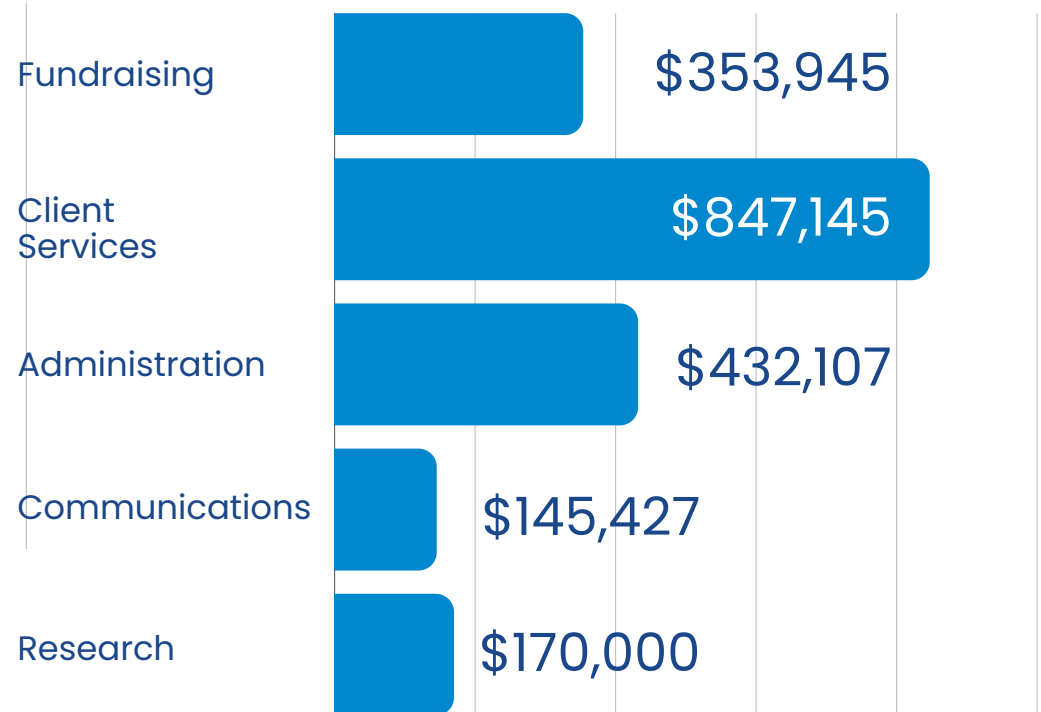
Together, we are reimagining what it means to navigate Parkinson's.

# Financial Snapshot

## Revenue



## Expenses



2025 Revenues

# \$1,938,055

5.5% increase from 2024 total revenues

\*Includes rents, memberships and other revenues.

# Our ImPAAct

# 12,953

Individuals found support by reaching out to PAA

**2,894** Active clients    **364** New clients

**801** PAA Members

**203** Support Groups held across Alberta & NWT

Attended by **2,040** people

**5,803** One-on-one or family support sessions

**906** An Introduction to Parkinson's (Blue Packs)  
distributed

# Thank You



## Our Community Champions

Your generosity and unwavering commitment have helped strengthen the mission of Parkinson Association of Alberta and the lives of thousands affected by Parkinson disease across Alberta and NWT.

We proudly celebrate our COMMUNITY CHAMPIONS — the donors, sponsors, partners, volunteers, and advocates whose generosity creates meaningful impact every day. Through your support, individuals and families are finding connection, education, hope, and vital services when they need them most.

Your dedication fuels awareness, inspires community, and drives progress toward a stronger future for everyone impacted by Parkinson disease.

Together, our COMMUNITY CHAMPIONS are changing lives and building a more supportive community.

✓ The following lists recognize donations and grants of \$1,000 or more received in 2025.

# Individual Donors

Wayne Adams  
Robert Ainsworth  
Dinah Almond  
Lillian Balazs  
Paul Balfour  
Brain Banks  
Stan Bara  
Mark Bernard  
Ronald Bing  
Gerry & Joanne Bosch  
Shirley Breitzkreuz  
Mark & Tracy Brunelle  
Charles Buckley  
Carol Buckwold  
Brian Bullen  
Grant Burchnall  
Tracy Bussing  
Patricia Carey  
William Caton  
Robert Chapman  
Francis Coughlan  
Kenneth Danforth  
Pater Davey  
Christie Delano  
John Michael Dickson  
Roger Dootson  
Henry Dunfield  
Sidney Dykstra  
Marne Edwards

Robert Foers  
James (Jay) Forster  
Pamela Fowler  
Harry & Shirley Gaffney  
Lorna & Larry Garnier  
Robert Garnier  
Frank Gregory  
Shayne Grieve  
Maria Hamilton  
Evelyn Hardin  
Thomas Harding  
Janice Harper  
Robert Head  
Elizabeth Henderson  
Isabel Henderson  
Alan Huehn  
Drayson Jones  
Bob Kamp  
Brian Keay  
Tony Koopmans  
Christina Kratz  
Martin Kratz  
John Langille  
Christopher LeGallais  
Jolayne Leger  
Laurie MacAdams  
Erica & Leslie Martel  
Klaas & Anita Mast  
Neil & Jeanie McBain  
Joan McGilvray

Jack McIvor  
Trina Merkel  
Reg Milley  
Elizabeth Moore  
Stuart Myron  
Greg Nelson  
Steven Gee  
Thomas Gordon  
Curt & Eleanore Goulet  
Armand & Pearl Nielsen  
Dan O'Brien  
Jeanne Orthner  
Al Pickard  
June Pisesky  
Rory & Vicki Polson  
Rick Prentice  
Patrick Priestner  
Catherine Proctor  
Ann Purdon  
Michael Quinn  
Corrie Redl  
Frances Richardson  
Wanda Roberts  
Joyce Rooney  
Sheila Schaub  
Monty Schneider  
Donald Schumacher  
Kim Schumacher  
Errol Seim  
Elizabeth Shepert

Clarice Siebens  
Doug & Lynne Sigler  
Monica Sloan  
Michael Smith  
Ed Soltys  
Shelley Sopher  
Wayne Starkes  
Laurie Steele  
Anita Strilchok  
Dr. Oksana Suchowersky  
Barby Swanson  
Harvey Thal  
James Thomson  
Luanne Thorssen  
Edward Trewin  
Chris & Susanne Underwood  
Doug Victoor  
David Walker  
Robert & Carol Warrender  
Deborah Wheeler-Gilchrist  
Ceilidh Whelan  
Hartwick Wiehler  
Daryl Wilson  
Roy Wilson  
Gary Winters  
Erin Wishart  
Ralph Woessner  
Carson Woitas  
Sunny & Tuan Wong

# Foundations & Corporations

Aqueduct Foundation & Masternak Foundation

Atahkk Ent. Inc.

ATCO Epic

Bawlf & District Lions Club

Boston Pizza Foundation

Brokerlink Insurance

Chadi Family Foundation

Coote Hill Holdings

Cremona & District Community Chest

D & V Lawrence Family Fund

Davies Family Charitable Giving Foundation

DMR Mechanical Services

Edith Cavell Chapter #25 Order of the Eastern Star

Engineered Air-Resman Community Services

Goose Grid Iron Lodge #203

Gordon & Diane Buchanan Family Foundation

Hi-Drive Contracting Ltd

Hildebrand Motors Ltd.

Hillhurst Odd Fellows Lodge No 46

Hillhurst Rebekah Lodge #116 I.O.O.F

Hoover Family Foundation

Hotchkiss Brain Institute

Ivor & Deborah Ruste Family Fund

John & Helen Konig - Christian Stewardship Services

Karen Strawn Samis & William Samis Fund

LIR Endowment Fund

Maureen & Charlie Hall Charitable Fund

Mann McMahon Legacy Fund

Masternak Foundation / Aqueduct Foundation

Nordic Mechanical Services

Patrick E Fuller Foundation

Prominence Way Retirement Community

Ross McBain Charitable Gift Fund

SERV-ALL Mechanical Services

The Joyce Hague Charitable Foundation

The Smith Foundation

United Way Alberta Capital Region

United Way Centraide East Ontario (UWEO)

# Grants

Alberta Retired Teachers Charitable Foundation

City of Grande Prairie

City of Leduc

City of Lethbridge

City of Red Deer

Edmonton Community Foundation

Government of Alberta - Community Initiatives Program (CIP)

Government of Canada - Canada Summer Jobs Program

Government of Canada - New Horizons for Seniors Program

Kinsmen Club of Calgary

Million Dollar Round Table (MDRT) Foundation

Totem Charitable Foundation

# Volunteers

Volunteers are the heart of Parkinson Association of Alberta, bringing compassion, energy, and dedication to every aspect of our community.

From supporting events and programs to providing encouragement and connection for individuals and families affected by Parkinson disease, their contributions create meaningful impact across Alberta and NWT.

Our volunteers help build a stronger, more inclusive community where no one faces Parkinson disease alone.

Their generosity of time and spirit strengthens awareness, inspires hope, and ensures vital services and support continue to reach those who need them most.

We are deeply grateful for the commitment and kindness of every volunteer who stands with our community

In 2025, more than **130** volunteers contributed over **1,200** hours to the our Mission and Vision.

We thank you all!

# Your ImPAAct



When Parkinson's crashed into our lives three years ago - we were scared and lost.

But then my parents found community and hope within the Parkinson Association of Alberta and the Buchanan Center.

I cannot begin to imagine how different my Mom's battle with Parkinson's would have been without PAA and their entire team.

Watching my Mom navigate the physical and cognitive shifts of Parkinson's was heartbreaking, but the programs and services PAA built enabled my parents to remain a team.

Those programs and services equipped them with the knowledge, skills, and support they needed to face a dramatically changing life. They helped shift our family dynamic from focused solely on the limitations of the disease to one focused on quality time together and the value of community.

Over time as my Dad took on a caregiving role, in addition to husband, PAA's resources became his lifeline. The education sessions empowered him with the practical tools he needed and the client services team helped him navigate the long goodbye with a level of support our family will never forget.

Knowing my Mom had the best possible support, and my Dad wasn't carrying the burden alone, gave my brother and I the peace of mind we'll never be able to put into words.

What has touched me the most is that the support didn't end when my mother's journey did.

PAA has remained a fixture in my Dad's life as he navigates grief. The community he built during all of those sessions he attended with my Mom has become an important safety net now that she is gone. Having a place where he can be among friends who truly understand the specifics of his lived experience has been vital to his healing. It has given him a reason to stay connected and a purpose on which to build her legacy.

Thank you for being there during the darkest years of our lives. The work PAA does is vital for families like mine as they navigate this terrible disease. I will forever be a champion for the community that Parkinson Association of Alberta has built here.

With gratitude,

Christie Delano  
Daughter of Rolanda and George Darius



PARKINSON



# Step 'n Stride™

## PUSH

2025 was the 13th anniversary of our Step 'n Stride Walk for Parkinson's, and more than 1,400 participants came out to spend their day with us, enjoy the fresh air and sunshine, visit with long-time friends, and walk together in our most important, and largest, fundraiser of the year.

Across Alberta and in Yellowknife, NWT, our amazing community stepped up to walk with or for a loved one living with Parkinson disease, either at their local events, or wherever they happened to live, and helped us raise more than \$400,000!

Their incredible enthusiasm, passion, energy and generosity was contagious, and humbled us all, and reminded us that our Parkinson's community supports each other, however they can, and supports us as well.

Thank You!



# Congratulations

## Congratulations to our top 10 Fundraisers!!

- 1 Stuart Myron **\$20,463 raised** Team YYC PWR Striders
- 2 Ron Bing **\$13,588 raised** Team YYC PWR Striders
- 3 Robert van Boom **\$10,575 raised**
- 4 Monty & Yolande Schneider **\$9,100 raised** Team Monty
- 5 Ed Soltys **\$8,165 raised** Team YYC PWR Striders
- 6 Muriel Foers **\$7,805 raised**
- 7 Debbie Balazs **\$7,480 raised**
- 8 Grant Kozak **\$5,300 raised** Team Kozy's Crusaders
- 9 Martin Kratz **\$5,050 raised** Team Marty's Marines
- 10 Doug Victoor **\$5,000 raised** Team Victoor





“ How would I describe Parkinson’s Association of Alberta, and their wonderful and knowledgeable team;  
I’d say they are like a big brother, or mother, in that they are always there for me, always have my back, always concerned for me and helping me do better, move forward, with patience and understanding.

I know I can call anyone on the PAA team with any issue, and they will cheerfully help, and make me feel supported.

I feel like I am part of their family, and that means the world to me. ”

Ron Davidson  
Lloydminster PAA Member

Get involved with our  
Parkinson’s Community

Toll Free: 1-800-561-1911

[www.parkinsonassociation.ca](http://www.parkinsonassociation.ca)

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 **Parkinson**  
Association of Alberta